

## Obesity Management Masterclass: 7, 14 and 21 October 2021

For further information, and to apply, visit <https://easo.org/education/easo-masterclasses/>.

### Webinar 1: 7 October 2021

- Obesity as a chronic disease (Lisbeth van Rossum)
- Diagnostic and staging of obesity: impact on guidelines (Gema Frühbeck)
- Anti-obesity medication updates (Dror Dicker)
- Anti-obesity medication: which drug for which patients (Hermann Toplak)

### Webinar 2: 14 October 2021

- Bariatric surgery updates (Gerhard Prager)
- Post bariatric surgery follow-up (Luca Busetto)
- Weight regain after bariatric surgery (Volkan Yumuk)
- NAFLD/NASH and weight loss: do we have a solution? (Paolo Sbraccia)

### Webinar 3: 21 October 2021

- How to treat Sarcopenia? (Lorenzo Donini)
- Physical activity effects on weight loss: myth or reality? (Jean-Michel Oppert)
- Medical Nutrition Therapy (Maria Hassapidou)
- VLCKD (Giovanna Muscogiuri)

## Childhood Obesity Management Masterclass: 7, 14 and 21 October 2021

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### Webinar 1: 11 October 2021

Definition and prevalence of obesity. Obesity related complications. Fat mass regulation. Disease spectrum and initiation of appropriate treatments.

**Jennifer L Baker (Denmark), Jens-Christian Holm (Denmark)**

### Webinar 2: 12 October 2021

Expectations for treatment progression. Changes in body composition. Relapse, drop-out, ethics, and success. Direct and indirect effects of treatment.

**Jennifer L Baker (Denmark), Jens-Christian Holm (Denmark)**

### Webinar 3: 13 October 2021

Focus on the health care professional: pedagogy and communication. The patient with difficult-to-manage obesity. Neuroendocrine implications in communication and understanding. Nuanced understanding of empathy, authenticity, self-identification, challenges, resistance, authority, suffering, and perspective. Rhythm and flow in communication. Strategies to improve treatment for patients with difficult-to-manage obesity.

**Jennifer L Baker (Denmark), Jens-Christian Holm (Denmark)**

## Public Health Masterclass: 11, 12 and 13 October 2021

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### Session 1: 11 October 2021

Systems Mapping (Harry Rutter)  
Commercial Determinants (Sharon Friel)  
Sustainability and Health (WHO)

### Session 2: 12 October 2021

Upstream Determinants of Health (Jeroen Lakerveld)  
Health Promotion (Tommy Visscher)  
Marketing (Emma Boyland)

### Session 3: 13 October 2021

Physical Activity and the Built Environment (Jean-Michel Oppert)  
What is an effective public health intervention, and how do you measure it? (Susanna Lehtinen-Jacks)